

WSU SWIMMING

Top Times 2008-2009

50 Free

Rugile Mileisyste	22.45*#	2.26.09
Jamie MacLeod	23.40\$	2.26.09
Sierra Burton	23.57\$	12.4.08
Jennifer Dean	23.71	2.26.09
Emma Neely	23.77	2.26.09

100 Free

Rugile Mileisyste	49.81*#	2.28.09
Talor Whitaker	50.65\$	2.28.09
Sierra Burton	50.85\$	12.6.08
Jamie MacLeod	50.96\$	2.28.09
Emma Neely	51.00\$	2.28.09

200 Free

Emma Neely	1:48.36\$	2.27.09
Michaela Ahlin	1:49.50\$c	11.26.08
Talor Whitaker	1:49.86\$	1.18.09
Sierra Burton	1:50.13	12.5.08
Jennifer Dean	1:50.36\$	2.25.09

500 Free

Michaela Ahlin	4:46.65#\$	2.26.09
Rachael Krager	4:57.81\$	2.26.09
Jennifer Dean	4:58.13\$	12.4.08
Kristin Marceau	4:59.44	2.26.09
Michelle McDonald	5:04.88	2.26.09

1000 Free

Rachael Krager	10:11.18\$	2.28.09
Kristin Marceau	10:19.77\$	2.28.09
Michelle McDonald	10:29.55	2.28.09
Kelsey Lynch	10:33.86	2.28.09
Michaela Ahlin	10:35.32	10.17.08

1650 Free

Rachael Krager	16:53.43\$	2.28.09
Kristin Marceau	17:07.63\$	2.28.09
Michelle McDonald	17:25.78	2.28.09
Kelsey Lynch	17:30.11	2.28.09
Michaela Ahlin	17:32.31	10.17.08

100 Back

Afton Pickett	54.77#*	2.27.09
Rugile Mileisyste	54.88#\$	2.27.09
Emma Neely	57.34\$	2.27.09
Jennifer Dean	57.37	2.27.09
Danielle Palumbo	58.39	2.27.09

200 Back

Afton Pickett	1:57.12#*	2.28.09
Danielle Palumbo	2:04.49\$	2.28.09
Rugile Mileisyste	2:05.64c	11.1.08
Emma Neely	2:10.42	10.25.08
Shawna Keller	2:11.34	11.22.08

100 Breast

Elyse Peterson	1:00.91*#	2.27.09
Jessie Craig	1:03.44\$	2.27.09
Shawna Keller	1:03.46\$	2.27.09
Afton Pickett	1:08.50	1.23.09

200 Breast

Elyse Peterson	2:13.34#*	2.28.09
Shawna Keller	2:19.69	2.28.09
Jessie Craig	2:20.21	1.18.09
Kristin Marceau	2:27.05	2.28.09

100 Fly

Michaela Ahlin	53.40#*	3.20.09
Talor Whitaker	55.19\$	2.27.09
Melissa Bogert	56.32\$	2.27.09
Jamie MacLeod	57.95	2.27.09
Andrea Emde	58.16	2.27.09

200 Fly

Michaela Ahlin	1:56.46#*	3.21.09
Rachael Krager	2:05.13	2.28.09
Melissa Bogert	2:15.85	1.31.09

200 IM

Talor Whitaker	2:01.41*	2.26.09
Afton Pickett	2:03.50\$	2.26.09
Shawna Keller	2:04.39	2.26.09
Sierra Burton	2:04.89\$	12.4.08
Rugile Mileisyste	2:08.84.	11.22.08.

400 IM

Michaela Ahlin	4:17.23*	2.27.09
Kristin Marceau	4:28.27\$	2.27.09
Shawna Keller	4:28.32\$	12.5.08
Michelle McDonald	4:31.37	2.27.09
Kelsey Lynch	4:35.76	2.27.09

\$ All-time Top Ten

*** School Record**

NCAA B Standard

% NCAA A Standard

^ Pool Record

c converted SCM/altitude adjusted

a Add Up

200 Free Relay

1:31.96#*

2.26.09

Rugile (22.45) Talor (23.41) Emma (23.05) Jamie (23.05)

400 Free Relay

3:21.29#*

2.26.09

Rugile (49.85) Emma (50.56) Jamie (50.37) Michaela (50.51)

800 Free Relay

7:26.37

12.5.08

Mickis (1:50.67) Sierra (1:51.23) Talor (1:51.58) Emma (1:52.89)

Mickis (1:49.50) Sierra (1:50.13) Emma (1:48.36) Talor (1:49.86)

7:17.85a

200 Medley Relay

1:40.22#*

2.25.09

Afton (26.05), Elyse (27.93), Mickis (24.12), Rugile (22.12)

400 Medley Relay

3:38.08*#

2.27.09

Afton (54.77) Elyse (1:01.03) Mickis (52.99) Rugile (49.29)